OPTIMISTICALLY SPEAKING

The Newsletter of the Optimist Club of Greater Vienna

August 2016

Calendar

Just added:
July 25 — Board Meeting

August 3 — Regular Meeting BRIDGES: Harmony Through Music Fairfax American Legion Post 177 Social Time: 6:45 p.m.; Dinner: 7:30

August 6 — Farmers Market 8:00 a.m. to noon

August 10 – NO Board Meeting

August 13 — Farmers Market 8:00 a.m. to noon

August 13 — Family Fun Jam! At Jammin' Java — See page 3 1:00—2:30 p.m.

August 17 — Regular Meeting Program TBA Fairfax American Legion Post 177 Social Time: 6:45 p.m.; Dinner: 7:30

August 20 — Farmers Market 8:00 a.m. to noon

August 24 — Fourth Wednesday
Dinner at Culmore Teen Center—Team D

August 27 — Farmers Market 8:00 a.m. to noon

Spotlight on Upcoming Events

According to William Congreve, "music has charms to soothe a savage breast." Let's see if it can cool a savage heat! Our **August 3** meeting will introduce us to an exciting program, **BRIDGES: Harmony Through Music.** Founding Program Director **Bonnie Tynch** will speak about the organization's mission and its program at Cunningham Park Elementary School in Vienna.



Plans are still in the works for our meeting on **August 17**. Watch your email for updates.

But we will see you **before then**, of course! There's the **Farmers Market** happening on **Saturdays from 8:00 to noon** at Faith Baptist Church (have you tried the peaches yet? So. Good.). Volunteer for a shift and come to shop, too!



And the committee for Growing Hope has a special event planned for Saturday, August 13: A Family Fun Jam at Jammin' Java in Vienna. The popular band Donaldson's

Run (who we know from its performances at past Family Fun Days for Growing Hope) is again donating its time and talent to perform at this benefit. This is a fund-raising event, and admission for adults is \$20 (children enter for free). More details are in the flyer on page 3 of this Newsletter. Music, dancing, fun, and a great cause—all indoors at a cool (in many senses of the word) local venue. The perfect summer time entertainment!

The Big Event for Growing Hope will be here before we know it! Our 11th annual Growing Hope Family Fun Day will take place on the Vienna Town Green on Saturday, Sept. 24, from 10:00 a.m. to 1:00 p.m. More details to follow in our August meetings. Who's up for the dunk tank?!



Serving the Youth of Greater Vienna for over 60 Years!

Visit us at www.OptimistClubofGreaterVienna.org
We're on Facebook! Facebook.com/ViennaOptimistClub



From the President-

Dear Vienna Optimists and Friends,

The dog days of summer are upon us!!! In her online article, *National Geographic* writer Becky Little explains, "Why Do We Call Them the 'Dog Days' of Summer? ... It doesn't have to do with dogs lying around in the heat—the phrase comes from ancient Greek beliefs about a star. To the Greeks and Romans, the 'dog days' occurred around the day when Sirius appeared to rise just before the sun, in late July. They referred to these days as the hottest time of the year, a period that could bring fever, or even catastrophe"--but not for the Optimists! Just a bit of trivia to get our brains stimulated!!!

I would like to thank Anna Ryjik for organizing the Charles A. Robinson Respect for Law awards meeting on July 20th. Special awards were given to MPO H. Trent Nelson from the Town of Vienna and PFC Jason Mizer from the Fair Oaks station in Fairfax County. The award was named after Charles A. Robinson, Jr., Mayor of Vienna for 27 years, and who served on the Town Council before being elected Mayor. When he died in 2000, the Club named the Respect for Law Award in his honor. Charlie was a strong supporter of local law enforcement and believed that having a safe community was the keystone of being a desirable community.

I am looking forward to our next meeting on August 3rd! We have invited Bonny Tynch of BRIDGES: Harmony through Music that is entering its fourth year in Vienna. BRIDGES: Harmony Through Music is an intensive after-school program that seeks to develop the intellectual, social, and personal identities of children and youth through the pursuit of musical excellence. BRIDGES is built on the belief that no child should face barriers to opportunity and success and is open to students from all backgrounds with a special focus on students from underserved, non-English speaking backgrounds.

For the August 17th meeting we will have a special guest speaker or a social event. Stay tuned for more information! The next two meetings would be a great opportunity to bring a friend or a prospective member to introduce them to the cast of characters which is the Optimist Club of Greater Vienna. We have added some terrific new members, so you can also get to know them during the August meetings.

We are really excited about our Growing Hope fund raiser that will take place at Jammin' Java on August 13th at 1 PM! Donaldsons' Run, a blues, rock, county and Christian band, will be performing. I hope you can make it and have some fun!!

The Growing Hope festival is scheduled for Saturday, September 24th. The Growing Hope Committee works very hard to raise tens of thousands of dollars for Growing Hope with these two events, so they will need your support. Make sure that you attend and identify opportunities to help.

We always need help at the Farmer's Market so please sign up for a few shifts via the club's website, http://www.optimistclubofgreatervienna.org/.

Have a safe summer!

President Joe Miller



Belated July Birthday Wishes to:

Nicole Pham – July 31

August Birthday Wishes to:

Tom Fraim – August 2

Carla Brooks - August 5

Angelique Ayala – August 10

Jim Pammel - August 15

Ken Glaser - August 18

Cindy Stanton - August 19

Grant Marsh - August 21

Optimist Anniversaries in August

Carla Brooks - 13 years

Dick Carr – 13 years

Tom Fraim - 13 years

Gary Moonan - 13 years

Dan Mulville - 13 years

Jim Spain - 13 years

Mary Delurey - 1 year

A special shout out to the August 2003 class of members, who are celebrating 13 years of dedicated service to the

club. This has to be one of our best ever—if not the best—in recent memory.







PRESENT

FAMILY FUN JAM at JAMMIN JAVA

227 Maple Ave E, Vienna, VA

Saturday, August 13 1:00 - 2:30 pm

- o Live Music by Donaldsons' Run
- Dance & Sing Along
- Contests and Prizes
- Food Available for Purchase

Community Fundraiser Sponsored by Vienna Optimists

Proceeds benefit Growing Hope, a local organization that supports children with cancer and their families.

<u>Tickets</u>: Adults \$20 | Children FREE jamminjava.com/event/1260955

Like our event on <u>Facebook</u> facebook.com/events/266077733771592/ VP for Community Anna Ryjik joins the representatives of the Vienna and Fairfax County Police Departments for the 2016 Charles A. Robinson Jr. Respect for Law Awards at the July 20 meeting. Vienna MPO H. Trent Nelson (not pictured) and Fairfax PFC Jason Mizer (second from right) received this year's honors.



Memory of A message from Rich Ordeman, past CCDHH coordinator:

We note the passing of Ms. Donna Grossman, a many-year supporter of our Communications Contest for the Deaf and

Hard of Hearing from Camelot Center. One of the eulogies mentioned our contest—of which she was very proud—and gave tribute to the Vienna Optimists and the confidence built among the youth by participating in CCDHH. Our club activities again have touched many.

Membership Update:

We have five nominees for our FOO Community Impact Bundle. One more slot open! Optimist Club of Greater Vienna will pay for six FOOs for one year. An increased membership gives our club the opportunity to support



youth in the Greater Vienna area. A FOO member pays for their own meals for meetings they attend. If you know someone— an elected official, an outstanding educator, law enforcement, youth coach, etc.—who you think would be an asset to and active member of our club, please send Kathy Cutri the name of your nominee and why you think they would be an asset. Please submit your suggestions to member-

ship@optimistclubofgreatervienna.org immediately. This person must have already agreed to accept if they're nominated. We will select the six prospective members who we believe will be the best match for the Optimist Club of Greater Vienna.

We are only half way to our goal of 25 new members. There are many active community members out there. Talk up the club and all we do to "Bring Out the Best in Youth!" Contact Kathy for information or applications.

Minutes of the July Board Meeting (to be held July 25) will appear in the September issue of the Newsletter.

OPTIMIST CLUB OF GREATER VIENNA Board of Directors 2015-16

| President | Joe Miller |
|-----------------------------------|-----------------|
| Secretary | Jim Houston |
| Treasurer | Tom Fraim |
| Immediate Past President | Dick Gongaware |
| President Elect | Michele Wright |
| Vice President of Community | Anna Ryjik |
| Vice President of Finance | Dick Lippert |
| Vice President of Media Relations | Tom Bauer |
| Vice President of Membership | Kathy Cutri |
| Vice President of Youth | Mike Fitzella |
| Director of Community | Susan Bauer |
| Director of Social Media | Nicole Pham |
| Director of Membership | Angelique Ayala |
| Director of Youth | Jim Stivison |
| Webmaster | Gary Moonan |

The Optimist Creed

Promise Yourself . . .

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Christian D. Larsen